

Multi-Size Font

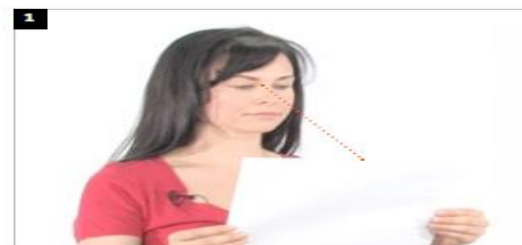
We first introduced you to this chart as one of our baseline assessment tools. It also happens to function amazingly well as a drill. Once you understand the drill, you can perform it with virtually any text (you won't need the chart), which means you can train anywhere, anytime, and with almost anything!

Using the Multi-Size Font Chart as a drilling tool works like this:

1. Hold the chart at a comfortable reading distance.
2. Find the smallest font you can still read clearly.
3. Look at the next smallest font size below what you are reading and note how well you can see it.
4. Now choose one letter from the line you can see clearly and focus on it.
5. While focusing **ONLY ON THAT LETTER** slowly move the paper closer while maintaining clarity.
6. Note how close you were able to bring the paper and still see the letter clearly.
7. Now, move the paper away from you until you begin to lose clarity on that letter. Note the distance.
8. Repeat steps 2 – 6 but see if you can move the paper both slightly closer and slightly farther away while maintaining visual clarity on the letter you've chosen.
9. Finish the drill by shifting your focus to the line you chose in #3 (the smaller font than you could see clearly). Notice if you can now read it or if it was clearer than it was previously.



◀ Multi-Size Font Chart



2. Many of life's failures are experienced by people who did not realize how close they were to success when they gave up.

3. The pessimist sees difficulty in every opportunity. The optimist sees the opportunity in every difficulty.
It is never too late to be what you might have been.

4. Enjoy the little things, for one day you may look back and realize they were the big things.
If opportunity doesn't knock, build a door.

5. Keep on going and the chances are you will stumble on something, perhaps when you are least expecting it. I have never heard of anyone stumbling on something sitting down.

7. People who are crazy enough to think they can change the world, are the ones who do.

9. There are two primary choices in life: to accept conditions as they exist, or accept the responsibility for changing them.

6. Keep away from people who try to belittle your ambitions. Small people always do that, but the really great makes you feel that you, too, can become great.

10. Don't let life discourage you; everyone who got where he is had to begin where he was.

8. Every truth passes through three stages before it is recognized. In the first, it is ridiculed. In the second, it is opposed. In the third, it is regarded as self evident.

20. Winners lose much more often than losers. So if you keep losing but you're still trying, keep it up! You're right on track.

28. An obstacle is often a stepping stone.

24. You miss 100% of the shots you don't take.

18. Do not let what you cannot do interfere with what you can do.

1. —

15. Do not wait to strike till the iron is hot; but make it hot by striking.

36. Always believe

16. Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.

32. Imagine possibilities

14. Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind.

12. Be more concerned with your character than with your reputation. Your character is what you really are while your reputation is merely what others think you are.

13. Great thoughts speak only to the thoughtful mind, but great actions speak to all mankind.

11. A mind is like a parachute, it doesn't work if it isn't open.