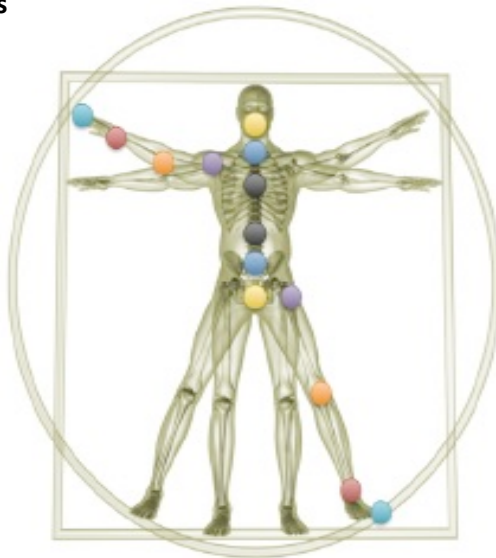


Circle and describe if you have had pain or injuries to any of these areas:

Name: _____

Headaches

TMJ



Right Shoulder

Pain with movements

Injuries Surgeries Broken/fractures

Right Elbow

Pain with movements

Injuries Surgeries Broken/fractures

Right Wrist/hand

Pain with movements

Injuries Surgeries Broken/fractures

Right Hip

Pain with movements

Injuries Surgeries Broken/fractures

Right Knee

Pain with movements

Injuries Surgeries Broken/fractures

Right Ankle/Foot

Pain with movements

Injuries Surgeries Broken/fractures

Left Shoulder

Pain with movements

Injuries Surgeries Broken/fractures

Left Elbow

Pain with movements

Injuries Surgeries Broken/fractures

Left Wrist/hand

Pain with movements

Injuries Surgeries Broken/fractures

Neck

Pain with movements

Injuries Surgeries

Left Hip

Pain with movements

Injuries Surgeries Broken/fractures

Mid Back

Pain with movements

Injuries Surgeries

Left Knee

Pain with movements

Injuries Surgeries Broken/fractures

Low Back

Pain with movements

Injuries Surgeries

Left Ankle/Foot

Pain with movements

Injuries Surgeries Broken/fractures

Does pain radiate down

R L Arm(s) R L leg(s)

Indicate if pain is: (S) Sharp (A) Aching (B) Burning (N) Numbness (D) Dull (S) Shooting Pain (PN) Pins and Needles (T) Throbbing

SPINAL CORD

- Neck or Back Pain
- Weakness of Back Muscles With Walking or Standing
- Bilateral Extremity (arms or legs) Issues
- Muscle Weakness
- Disk Injury or Surgery
- Car Accidents.
- Visceral (organ) Dysfunction
- mTBI/Concussion
- Whiplash/Seatbelt Trauma.
- Stenosis Diagnosis

CEREBELLUM – SPINOCEREBELLUM

- Balance Issues
- Like To Use Handrails
- Careful on Stairs
- Scoliosis
- Sway to One Side Stand or Walk
- Prone to Falls
- Unsteady in the Dark

CEREBELLUM – CEREBRO CEREBELLUM

- Terminal Tremors
- Clumsiness - Hands & Feet
- Tripping
- Decreased Tone in Limbs (weaker leg or arm)
- Increased Heart Rate
- Orthostatic Hypotension
- Possible Vertigo
- Cognitive Dysfunction

CEREBELLUM – VESTIBULOCEREBELLUM

- Dizziness
- Disorientation
- Poor Spinal Stability (sway or lean with standing/walking)
- Back Muscles Fatigue Easily
- Vertigo or Motion Sickness
- Anxiety/Dislikes Crowds
- Tinnitus
- Increased Heart Rate
- Orthostatic Hypotension

BRAINSTEM

- Visual Issues (CN 3).
- Droopy Eyelids (CN 3)
- Teeth / Gum pain (CN 5)
- Chewing food is loud (CN 5).
- Flutter or Flickering Sound in Ear (CN 5)
- Ear pain or Fullness in Ear (CN 5).
- Ear Pain when lying on it sleeping (CN 5)
- TMJ (CN 5)
- Front Headaches/ Migraines (CN 5).
- Taste Issues (CN 7/9)
- Swallowing issues (CN 7).
- Hearing Issues (CN 8).
- Balance Issues (CN 7)
- Light & Sound Sensitivity. (CN 7).
- Dry mouth /Trouble Swallowing (CN 7)
- Decreased Gut Motility (CN 10)
- Any Stomach or Intestinal Conditions (CN 10)
- Heartburn (CN 10)
- Cold Hands or Feet
- one side of body Pain History
- one side of body Injury History.
- Scoliosis
- Hypertension
- High Heart Rate
- Sweat More one side of body

RECEPTORS

- Numbness or Tingling (Peripheral Neuropathy) ● Nerve Damage ● Previous Orthopedic Injuries
- Surgical Sites ● Scars ● Tattoos ● Loves Compression Gear
- Overstretch Injury ● Chronic Muscle Weakness ● Muscular Atrophy
- Joint Instability ● Nerve Pain ● Numbness or Tingling ● Skin feels different side to side on arms or legs

THALAMUS

- Chronic Pain ● Repetitive Head Trauma ● Mood Swings
- Arm or Leg Burning or Achy pain ● Scoliosis ● Loss of Multiple Sensations in Arms and Legs
- Movement Tics ● Motor Learning Deficits ● Impairment of Exec Function
- Apathy ● Problems w/Word Retrieval ● Slow Movements
- Difficulty Initiating Mvmt ● Tremors at Rest ● Cramping of Hands or Feet

OCCIPITAL LOBE

- Loss of Color Vision ● Difficulties Identifying Color ● Decreased Movt Perception
- Poor Visuospatial Processing ● Poor Eye-Hand Coordination ● Poor Eye-Foot Coordination
- Floaters ● Halos in Visual Fields ● Decreased Peripheral Awareness
- Visual Hallucinations ● headaches with reading/computer dry eyes ● eye strain ● head injuries/ concussions,
- avoid physical sports ● sound sensitivity ● sun sensitivity (need to wear glasses outside) ● blurry eye(s),
- Fluorescent lights sensitivity

INSULA

- Irritable Bowel Syndrome ● Chronic GERD (Heart Burn) ● Anxiety
- Motion Sickness ● Depression ● PTSD ● Eating Disorders
- Lack of Body Ownership ● Exercise Intolerance ● Difficulty Judging Pain Int
- Chronic Stomach Bloating ● Inappropriate Cry or Laugh ● Vertigo/Vestibular Issues
- Over awareness of Heart Beat ● Swallowing Dysfunction ● Chronic Immune Issues
- ADHD ● Pelvic Floor Dysfunction

These Questions are optional if you are tired of writing:

TEMPORAL LOBE – AUDITORY

- Deficits in Auditory Discrimination ● Avoid Noisy Environments
- Difficulty Understanding Imprecise Speech Patterns ● Inability to Localize Sounds
- Tinnitus ● Auditory Hallucinations ● Need to Look at Speaker's Mouth to Understand
- Constant Ear Preference for Phone Use

Left side

- Dislike Predictable, Rhythmic Tempos - (Left) ● Difficulty Understanding Meaning of Speech (Left)

Right side

- Dislike Unpredictable Rhythms - (Right) ● Monotone Speech (Right)

MEDIAL TEMPORAL LOBE – HIPPOCAMPUS

- Memory Deficits ● Confusion About Time ● Difficulty with Dates
- Cannot Mentally Relive Day ● Altered Circadian Rhythms ● Olfactory Deficits

Right Side

- Can't Remember Addresses ● Difficulty with Visual Memory
- Difficult to Remember Faces ● Often Misplaces Items (Keys)

Left Side

- Difficulty Linking Names to Faces ● Difficulty Remembering Words
- Difficulty Remembering Numbers ● Hard to Be on Time

PARIETAL LOBE – SOMATOSENSORY

- Contralateral Sensory Loss ● Frequently Bump into Things ● Repetitive Injuries Same Area
- Hypersensitive to Touch/Pain ● Lack of Spatial Awareness ● Localized Tingling – Periodic

PARIETAL LOBE - INFERIOR LOBULE

- Left Side Dominant 97% ● Reading Deficits ● Problems with Writing
- Right/Left Confusion ● Difficulty with Calculations ● History of Dyslexia

Right Side

- Difficulty Recognizing Shapes ● Simple Drawings Are Difficult ● Difficulty Interpreting Maps

Left Side

- Poor Handwriting ● Mental Calculation Difficult ● Right/Left Confusion ● Hard to "Find" Words

FRONTAL LOBE - PFC, DLPFC & ORBITOFRONTAL

- Decreased Focus Capacity ●Difficulty Making Decisions ●Emotional Instability
- Decreased Attention Span ●Poor Organizational Ability ●ADHD
- Difficulty Initiating Tasks ●Low Mood ●Depressive Episodes
- Inability to Create Logical Sequences ●Excessive Risk Taking
- Lack of Behavioral Restraint ●Difficulty Finishing Things ●Lack of Clear Goals
- Apathy ●Perseveration

Right Side

- Lack Creativity or Intuition ●Does Not Enjoy Art or Music

Left Side

- Analytical Thinking Deficits ●Math or Time Difficulties ●Sequencing Deficits

PARIETAL LOBE – SOMATOSENSORY

- Contralateral Sensory Loss ●Frequently Bump into Things ●Repetitive Injuries Same Area
- Hypersensitive to Touch/Pain ●Lack of Spatial Awareness ●Localized Tingling – Periodic

FRONTAL LOBE - PRECENTRAL & SMA

- Difficulty Initiating Movement ●Arm or Leg Heaviness ●Arm or Leg Muscle Tension
- Reduced Muscle Endurance ●Noticeable Side-to-Side Difference in Strength or Muscle Tension
- Poor Manual Dexterity ●Difficulty Following Rhythm ●Poor Core Stability
- Bladder Control Problems